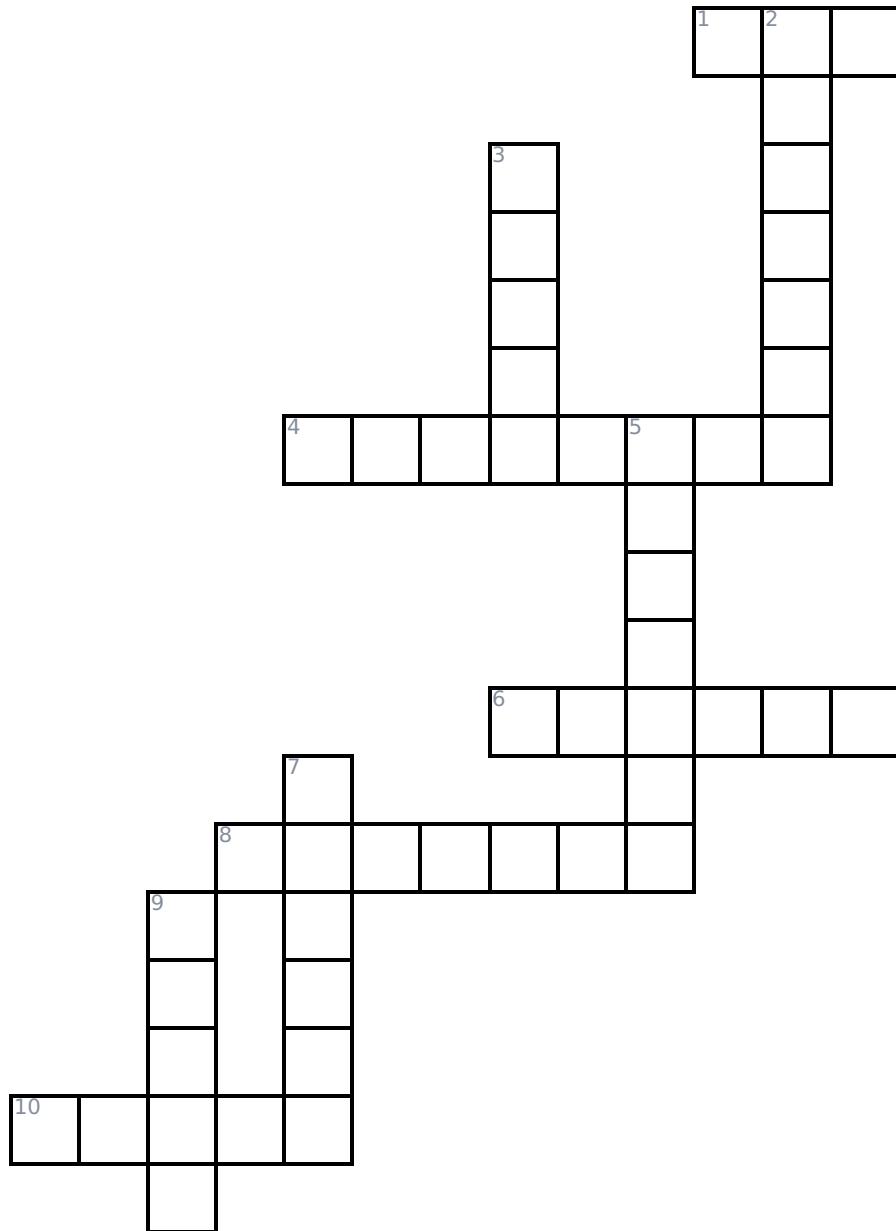


My Zen Friend: Criss Cross

Answer clues based on the content and vocabulary words from My Zen Friend by Storytime. Look for hints in the Word Bank. Print the puzzle or use it on your tablet, phone, or computer.



Across

1. when you feel calm and peaceful
4. something that gets in your way
6. when something blocks light and makes a dark shape
8. when your body shakes because you are scared or cold
10. when you face something scary without giving up

Down

- 2. when you go to find out more about a place
- 3. when you tell the truth about something you did
- 5. when you show strength even when you are afraid
- 7. a structure that goes over water or a gap
- 9. when you take it easy and feel calm

Word Bank

ADMIT
EXPLORE
TREMBLE

BRAVE
OBSTACLE
ZEN

BRIDGE
RELAX

COURAGE
SHADOW

Answer Key

