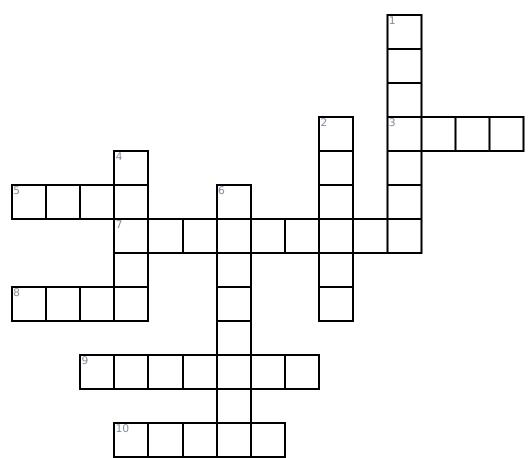


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# **Visiting Feelings: Criss Cross**

Answer clues based on the content and vocabulary words from Visiting Feelings. Look for hints in the Word Bank. Print the puzzle or use on your tablet, phone, or computer.



## Across

- **3.** Feelings can be soft like your mom whispering or \_\_\_ like a fussy baby.
- **5.** Taking deep breaths in through your \_\_\_ can help you pay attention to your feelings.
- **7.** If you pay \_\_\_ you might be able to tell why your feelings are there.
- **8.** Whenever a feeling comes by to \_\_\_\_, welcome it in to stay.
- **9.** Treat your feelings like \_\_\_ talking to you.
- **10.** Feelings can barge in or can come in shy like a \_\_\_\_.

#### **Down**

- 1. Sometimes it is hard to \_\_\_ your feelings.
- **2.** Sometimes you can feel your feelings \_\_\_ your stomach or throat.
- 4. Feelings can be light as a cloud or \_\_\_ like a huge grizzly bear.
- **6.** If you listen to what your body can say, you'll find that your \_\_\_ are really okay.

## **Word Bank**

FEELINGS	PLAY	FRIENDS	INSIDE
ATTENTION	LOUD	NOSE	MOUSE
HEAVY	EXPLAIN		

# **Answer Key**

