

My Anxious Mind: Memory Matching (Medium)

After reading *My Anxious Mind*, use this Memory Matching puzzle to help students build familiarity with the book's vocabulary words. Find matching pairs of words to complete the game. Each new game presents a new set of randomly selected words.

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| ANTICIPATION | ANTICIPATION |
| IRRITABILITY | IRRITABILITY |
| WELLNESS | WELLNESS |
| ANXIOUS | ANXIOUS |
| PANIC | PANIC |
| SUPPORT | SUPPORT |
