

## Exploring Emotions: Word Search

Find the words in the list.

W R M I N D F U L N E S S V  
Y Y J C O C O W U D F K L O  
B D L O U O T O R G N I T P  
O B I G S R L A E W W N V U  
R D U N C R F S I S R E G N  
E P W H P K R E L I E F V S  
D I S A P P O I N T M E N T  
O K P P U F W O R R I E D H  
M I A P S C A R Y E D L T E  
I T G Y T Y Y B L P S I S D  
L E K E X C I T E M E N T S  
G W T M H G O C E U N G H I  
P R I D E M O T I O N S L J  
L U N C O M F O R T A B L E

### Word Bank

**EMOTIONS**

**FEELINGS**

**SCARY**

**EXCITEMENT**

**DISAPPOINTMENT**

**RELIEF**

**WORRIED**

**PRIDE**

**HAPPY**

**BOREDOM**

**UNCOMFORTABLE**

**MINDFULNESS**

# Answer Key

M I N D F U L N E S S

B

O

R

E H R E L I E F

D I S A P P O I N T M E N T

O P W O R R I E D

M P S C A R Y L

Y I

E X C I T E M E N T

G

P R I D E M O T I O N S

U N C O M F O R T A B L E