

How to Train Your Amygdala: Word Search

Find the words in the list.

E S P R O T E C T
L E E D P C F A C
D N C A L A R M R
Y S W N B L E Y L
B I R G H M E G F
I T M E I F Z D I
L I G R L I E A T
M V A D C A D L F
A E B L D S X A T

Word Bank

AMYGDALA

ALARM

FREEZE

PROTECT

DANGER

SENSITIVE

RELAX

CALM

Answer Key

S P R O T E C T
E D C F A
N A L A R M
S N L E Y
I R G M E G
T E Z D
I R L E A
V A L
E X A