
How to Train Your Amygdala: Word Search

Find the words in the list.

K P R O T E C T S
W S O V V A D I E
L N F Y Y M A U N
F V R N S Y N F S
H E E E P G G G I
L U E K L D E S T
R V Z A L A R M I
M Y E E P L X V V
S K C J C A L M E

Word Bank

AMYGDALA

ALARM

FREEZE

PROTECT

DANGER

SENSITIVE

RELAX

CALM

Answer Key

P R O T E C T S
A D E
F M A N
R Y N S
E E G G I
E L D E T
Z A L A R M I
E L X V
C A L M E