
How to Train Your Amygdala: Word Search

Find the words in the list.

D D V B J C V D S
A M Y G D A L A E
R L U K I L M N N
E V A Y F M C G S
L P F R E E Z E I
A J U K M I S R T
X L B Y U O V W I
C P R O T E C T V
M E G G M A P L E

Word Bank

AMYGDALA

ALARM

FREEZE

PROTECT

DANGER

SENSITIVE

RELAX

CALM

Answer Key

C D S
A M Y G D A L A E
R L L N N
E A M G S
L F R E E Z E I
A M R T
X I
P R O T E C T V
E