

How to Train Your Amygdala: Word Search

Find the words in the list.

S C F F J V C W C
E R A R T T O P T
N E M L E Y D R G
S L Y J M E K O N
I A G V F O Z T M
T X D D A N G E R
I D A L A R M C F
V L L K T R N T H
E K A I N B T R U

Word Bank

AMYGDALA

ALARM

FREEZE

PROTECT

DANGER

SENSITIVE

RELAX

CALM

Answer Key

S C F
E R A R P
N E M L E R
S L Y M E O
I A G Z T
T X D D A N G E R
I A L A R M C
V L T
E A