

How to Train Your Amygdala: Word Search

Find the words in the list.

F S N G J C F A S
H W S A L A R M E
C E A K P L E Y N
H R E K R M E G S
R E V T O Y Z D I
S L S F T C E A T
D A N G E R A L I
H X H G C N D A V
I H T U T K L S E

Word Bank

AMYGDALA

ALARM

FREEZE

PROTECT

DANGER

SENSITIVE

RELAX

CALM

Answer Key

C F A S
A L A R M E
P L E Y N
R R M E G S
E O Z D I
L T E A T
D A N G E R L I
X C A V
T E