

Tuesday Word Search

N R A C K E T R U N F U
N P O U W A L K D I E T
B L E X E R C I S E P E
V G R I P H Y S I C A L
D M V Y L U N G E S D I
P P L Y O M E T R I C S
U N U T R I T I O N H L
E D U C A T I O N M G B
F G A C A L O R I E S G
M T V S J U M P I N G L
G H U S W E E T S P O T
E C V E G E T A B L E S

Word Bank

| | | |
|------------------|-------------------|--------------------|
| RUN | WALK | PHYSICAL |
| EDUCATION | RACKET | GRIP |
| SWEETSPOT | NUTRITION | CALORIES |
| DIET | VEGETABLES | PLYOMETRICS |
| JUMPING | EXERCISE | LUNGES |

Answer Key

R A C K E T R U N
W A L K D I E T
E X E R C I S E
G R I P H Y S I C A L
L U N G E S
P L Y O M E T R I C S
N U T R I T I O N
E D U C A T I O N
C A L O R I E S
J U M P I N G
S W E E T S P O T
V E G E T A B L E S