

Name: _____

Date: _____

You Are What You Eat: Word Search

Find the words in the list.

E S N F R U I T B Y N
E B D O P V L J S V D
W S W O D E K A P Y H
M S J D E G T T A D E
V W O P S E U R S S A
O G S Y S T F Y T T L
R S B R E A K F A S T
B O T A R B M U P N H
R W H M T L E I F A Y
L N T I R E D Y L C M
R U J D J S S U R K N

Word Bank

BREAKFAST

DESSERT

FOOD PYRAMID

HEALTHY

PASTA

SNACK

TIRED

MILK

VEGETABLES

FRUIT

Answer Key

F R U I T
O V
O D E P H
D E G A E
P S E S A
Y S T T L
B R E A K F A S T
A R B M N H
M T L I A Y
T I R E D L C
D S K