

You Are What You Eat: Word Search

Find the words in the list.

V W F G R D P I I I T
E W O R D L E R H H T
G J O B U M W J E A A
E V D R K I I F W D S
T K P E M W T L G A N
A I Y A S N A C K T U
B D R K S S F L V V Y
L A A F O T E D M E G
E S M A O C A R H S G
S N I S H E A L T H Y
R C D T I R E D K K V

Word Bank

BREAKFAST

DESSERT

FOOD PYRAMID

HEALTHY

PASTA

SNACK

TIRED

MILK

VEGETABLES

FRUIT

Answer Key

V F
E O R
G O B U M
E D R I I
T P E T L
A Y A S N A C K
B R K S S
L A F T E
E M A A R
S I S H E A L T H Y
D T I R E D