

## You Are What You Eat: Word Search

Find the words in the list.

U W A V B O A F H E V  
N H O A R Y E O G F E  
D E S S E R T O P L G  
P A S T A F I D T U E  
M L S G K C R P W D T  
T T B K F Y E Y O U A  
B H N W A N D R B I B  
Y Y K O S S N A C K L  
F R U I T S O M Y F E  
Y E T B O S M I L K S  
U A P U L I E D H P V

### Word Bank

**BREAKFAST**

**DESSERT**

**FOOD PYRAMID**

**HEALTHY**

**PASTA**

**SNACK**

**TIRED**

**MILK**

**VEGETABLES**

**FRUIT**

# Answer Key

                  B          F          V  
          H          R          O          E  
D E S S E R T O          G  
P A S T A          I D          E  
          L          K          R P          T  
          T          F          E Y          A  
          H          A          D R          B  
          Y          S S N A C K L  
F R U I T                  M          E  
                          M I L K S  
                          D