

## You Are What You Eat: Word Search

Find the words in the list.

I V E G E T A B L E S  
O I E R K T I R E D U  
Y S T H N R P E U D J  
F O O D P Y R A M I D  
C R L H D S N K S U J  
N N U M E E N F E T Y  
K P K I N A S A A R A  
R S B L T T L S C K J  
B S V K V M O T E K S  
Y I O R L U R G H R T  
E M C K A J V D U Y T

### Word Bank

**BREAKFAST**

**DESSERT**

**FOOD PYRAMID**

**HEALTHY**

**PASTA**

**SNACK**

**TIRED**

**MILK**

**VEGETABLES**

**FRUIT**

# Answer Key

V E G E T A B L E S  
T I R E D  
P E  
F O O D P Y R A M I D  
R H D S K S  
U M E E N F T  
I A S A A  
L T L S C  
K T E K  
H R  
Y T