

## Saturday at the Food Pantry

VOCABULARY

Word	Student-friendly definition
ladled	to serve or scoop something, like soup, with a big spoon called a ladle
hunger	the feeling you get when your body needs food
whispered	to speak very softly and quietly
plenty	having more than enough of something
nutrients	the parts of food that help your body grow and stay healthy
sensible	making good and smart choices because it is practical and reasonable
groceries	the food and other items you buy at the store to use at home
factory	a big building where machines are used to make or put together products