How Do Dinosaurs Get Well Soon?
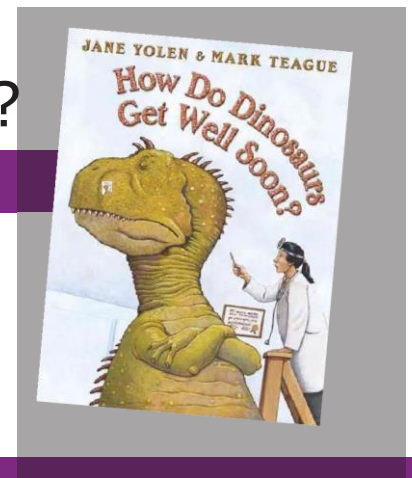
A RIF GUIDE FOR FAMILIES

Themes: Caring, Cooperation, Emotions, Wellness

Book Brief: Just like kids, little dinosaurs hate being sick. And going to the doctor can be pretty scary. How DO dinosaurs get well soon?

Author:
Jane Yolen

Illustrator:
Mark Teague

TIME TO READ!

Before: Show your child the picture on the front cover. Point to the doctor and talk about some of the reasons you might go see a doctor.

During: Notice what the dinosaurs are doing in the book and let your child mimic some of the dinosaurs' actions or emotions.

After, ask questions:
- How did the dinosaurs feel in the story?
- What were some of the things that the dinosaurs did that did not help them feel better?
- What were some of the things that the dinosaurs did that helped them feel better?
- What do you think the dinosaurs will do the next time they get sick?

CONVERSATION STARTERS

Language Awareness means "talking like a book." Read aloud every day so your child can learn that print sounds different than oral language. After you have read the book several times, flip through the pages and allow your child to "read" it to you. Even if they are not reading the exact words on the page, you will notice them telling the story and using similar patterns of language on each page.
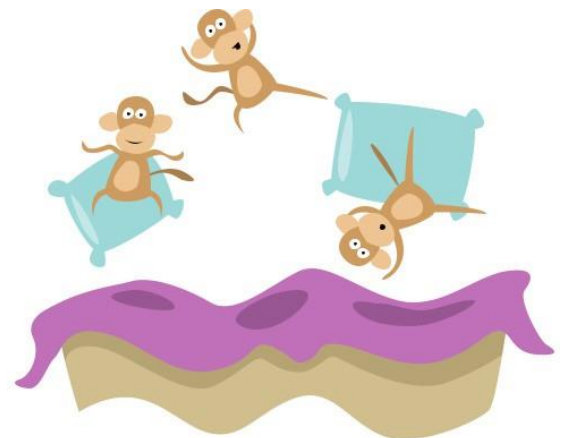
RELATED ACTIVITIES

5 LITTLE MONKEYS NURSERY RHYME
This is a great song that you can act out as you sing with your child!

Five little monkeys jumping on the bed,
One fell off and bumped his head.
Mama called the doctor and the doctor said,
"NO MORE MONKEYS JUMPING ON THE BED!"

Continue 4, 3, 2, and then
One little monkey jumping on the bed.
She fell off and bumped her head.
Mama called the doctor and the doctor said,
"There are NO MORE MONKEYS JUMPING ON THE BED!"

ADDITIONAL RESOURCES

OTHER BOOKS ABOUT WELLNESS
- **Llama Llama Home with Mama (2011)**
- **Bear Feels Sick (2007)**
- **Germs Are Not For Sharing (2006)**

Reading Is Fundamental

Read for Success Early Childhood