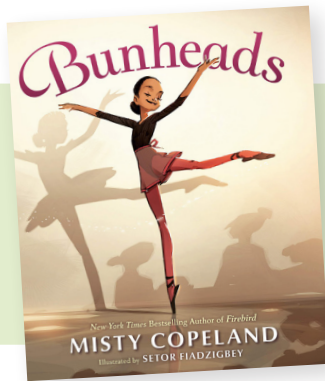


Pre/Post Activities

Use these activities to accompany the author's reading on RallytoRead.org.



Bunheads

Author: Misty Copeland

Illustrator: Setor Fiadzigbey

Grades: K-3

Pre-Reading Activity

Tell students that the story they are about to listen to is a true story about Misty Copeland, the first Black woman to be promoted to principal dancer at American Ballet Theatre, and how she overcame her nervousness to try ballet for the first time. As a class, create a short list of ways that you can overcome nervousness when trying something new. Talk about the value of being aware of others' nervousness as well as your own to encourage one another to be their best.

Post-Reading Activity

In this story, Misty teaches us that friends can encourage and support one another through difficult times. Have students write and/or illustrate on a small piece of paper about a time that something or someone helped them overcome a challenge. Punch a hole at the top of each student's paper and connect them together with a string. Hang this chain in your classroom and encourage students to add to it throughout the year when they overcome another challenge.