# Fry Bread A RIF GUIDE FOR FAMILIES

Themes: Family, Food, Native American Heritage

**Book Brief:** *Fry Bread* is a celebration of Native American families and heritage through poetic verses about fry bread- a treasured Native American food.

### TIME TO READ!

**Before:** Read the title of the book and look at the cover. Ask your child if they know what fry bread is. If they do, ask what they know about it and if they've had it before. If they don't, have them make predictions about what it is based on the picture on the cover. After that say, "Fry bread is a special food to many people. We're going to read about the ways that it can feel special to different families."

**Author:** 

**Illustrator:** 

Kevin Noble Maillard

Juana Martinez-Neal

**During:** As you read, stop on pages to ask, "What do you see in this picture? How is fry bread special on this page?" Help make the connection that when the author thinks of fry bread it reminds him of other things that are special about his family.

#### After, ask questions:

- What were some of the things the author talked about when he thought about fry bread?
- Do you think you would like to try some fry bread? Why or why not?
- What are some special foods that we eat in our family? What else makes our family special?

### **INTENTIONAL TALK**

**Thinking Beyond the Text-** An important skill for new readers to develop is to make connections between what they are reading and the world around them. In this way they bring their own thoughts to what they are reading and develop a greater understanding of a story or text. It also helps them share their thoughts and ideas with others. As you read *Fry Bread*, encourage your child to find a part of the story that reminds them of your own family, or even things they've heard or seen before reading this book. This will help them make connections and see how the book fits into their world and create meaning with the story.

## **RELATED ACTIVITIES**

#### **COOKING TOGETHER**

Ask your child about foods that are special to your family. "What are their favorite foods? What do you like to eat as a family? What are some things you eat on special occasions?" Pick out a special dish or favorite meal you can make together! If you don't have time or the ingredients, get out some of the pans, bowls, or other kitchen items, and let your child pretend to make you a meal. What ingredients will they need? What special kitchen tools? What are the steps to making their special dish? Then sit down and enjoy your imaginary meal together!

# **ADDITIONAL RESOURCES**



STORIES ABOUT FAMILY HERITAGE

The Proudest Blue (2019)

The Name Jar (2003)

Aunt Flossie's Hats (and Crab Cakes Later) (1995)



