

Perfectly Norman

READ ALOUD GUIDE

Themes: Mental Health, Wellness

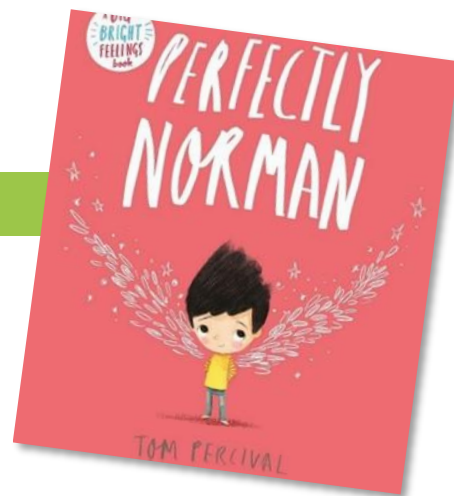
Book Brief: Norman had always been perfectly normal . . . until one day, he grows a pair of wings! Afraid of what people will think, Norman covers them up with a big coat. But can he summon the courage to be himself?

Author:

Tom Percival

Illustrator:

Tom Percival



BEFORE READING

The Cover: When looking at the cover, read the title and ask them what they think it means to be perfect.

The Pictures: Take a brief picture walk and ask students what they see, think, or wonder about the story.

Vocabulary: [Vocabulary Guide](#)

Prior Knowledge: Ask students if they have ever felt different. Explain that the story will show Norman acknowledging something different about him.

Purpose for Reading: “As we read, pay attention to how Norman deals with his difference, and how his parents react.”

DURING READING

Check for understanding & make connections:

- What is special about Norman?
- How do you think Norman felt when he hid his wings?
- Have you ever hidden something because you wanted to be liked?
- How do you think Norman felt with the coat on?
- Was Norman happier with or without the coat? Why do you think that is?

AFTER READING

Our Purpose: How do Norman’s wings make him feel throughout the book? How do his relationships with the people around him make him feel?

Extending Our Thinking: How does this story show how showing kindness can make a difference? Ask students to think about how they can encourage people around them to make them feel accepted.

If your students enjoyed this book...

- Encourage them to continue to discuss it and refer to it in other lessons and conversations.
- Let them explore more about the topic by reading other books with similar themes, structure, characters, or content.