

## Penguin Pebbling

Have you heard of pebbling? Lots of people are talking about this way of showing kindness to a person you love. Pebbling is the act of giving small gifts to show affection. The gifts can be as simple as sharing a photo or a joke that reminds you of your loved one. You might send them a good morning text or bring them a smoothie.

Pebbling is not just for romantic relationships. People do pebbling with friends and family members too. Any small gesture that shows you are thinking of someone can be considered pebbling.

Where did the term pebbling come from? Penguins! In the penguin world, gifting a pebble is the equivalent of bringing someone flowers or a box of chocolates.

Birds who live in warm places usually build their nests out of leaves and twigs. But in the icy world of penguins, there are no leaves to use. Instead, they use pebbles to construct their nests.

The pebble nests allow snow and ice to melt through, which makes them perfect for the arctic climate. The nests keep eggs and hatchlings dry. They also keep them raised safely off the cold, hard ground.

Gentoo penguins search for small round pebbles that make the best nests. They pick them up with their beaks and present them to their partner. The pebble gift cements the relationship between the two penguins. It symbolizes their desire to build a nest together.

Next time you want to show your friend you are thinking of them, remember the penguins. Sharing a funny video or bringing them a cookie could be a good way to show you care. Your mom might send you a picture of what your dog does while you're at school. Or maybe your sister lets you have the front seat in the car. Whether you're giving or receiving, pebbling makes the world a brighter place!

What is pebbling?

- A. Building a nest out of pebbles
- B. Giving something small to someone you love
- C. Polishing arctic rocks
- D. Buying a big gift for your best friend

Which of the following is NOT mentioned as a reason that penguins build their nests out of pebbles?

- A. There are no leaves in the arctic
- B. The pebble nests allow snow and ice to melt through
- C. Penguins can pick up pebbles with their beaks
- D. The pebbles nests keep the eggs off the cold ground

Which of the following is an example of pebbling?

- A. Going on a date
- B. Cleaning your room
- C. Making coffee for your dad
- D. Watching a movie

How does pebbling make the world a better place?

- A. It is an act of kindness
- B. It uses the internet
- C. It supports the economy
- D. It honors penguins

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