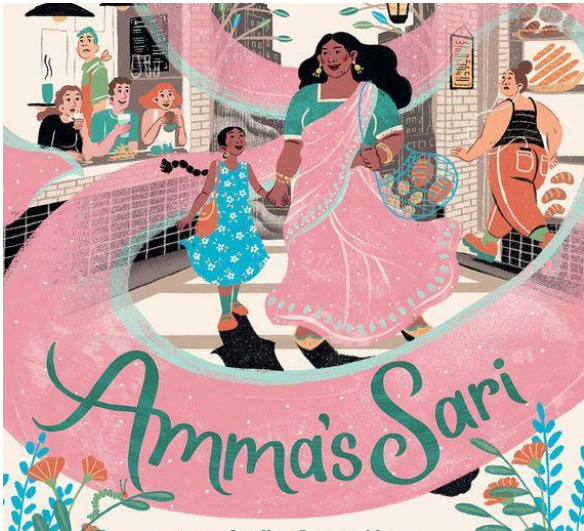


## Discussion Guide for Families



### Amma's Sari

*Author:* Sandhya Parappukkaran

*Illustrator:* Michelle Pereira

**Themes:** Emotions and Feelings

**Book Brief:** Six-year-old Shreya navigates her dual identity as a second-generation migrant, balancing pride in her cultural heritage with the challenges of fitting in. Despite feeling self-conscious about the attention her mother's sari draws, Shreya learns to embrace her culture and celebrate the connections it represents.

### READ ALOUD

#### Before Reading: Build Background

- Ask your child, "Have you ever seen someone wearing clothing that's special to their culture? Maybe someone in our family or someone at school? What did you think about it?"

#### While Reading: Make Connection

- What do you think about the stories Shreya's mom tells her about the sari? What do those stories say about their family?
- How do you think Shreya feels when people stare at her and her mom? How would you feel if that happened to us?
- Why do you think it's important for Shreya to learn about and appreciate her culture? What does it teach her?

#### After Reading: Ask Questions

- What traditions do we have in our family that make you feel special or connected to us? How do they make you feel?

### RELATED ACTIVITIES

#### If your child enjoyed this book, consider:

- Encourage them to talk about it during other conversations.
- Let them explore more about the topic by reading other books with similar themes, structure, or content. For example: [The Girl Who Wore Two Different Shoes](#)