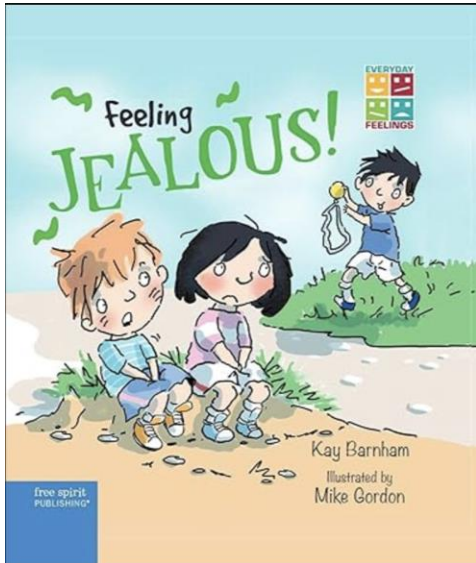


Discussion Guide for Families



Feeling Jealous

Author: Kay Barnham

Illustrator: Mike Gordon

Themes: Emotions and Feelings

Book Brief: Lucy is very good at helping those around her. She helps one friend feel less jealous of a sibling's later bedtime, and shows another how to deal with jealousy of a classmate who has the latest toy. Then comes Lucy's turn to feel jealous. Will she remember her own advice about overcoming jealousy?

READ ALOUD

Before Reading: Build Background

- Ask your child, "What does it mean to feel jealous? Can you think of a time when you felt jealous? What happened?"

While Reading: Make Connection

- What does Lucy do to help her friends and classmates in the story?
- How do Lucy's friends and classmates help her later in the story?
- Have you ever felt jealous and needed help like Lucy and her friends did?

After Reading: Ask Questions

- Use a large piece of drawing paper to illustrate what made each of the students, including Lucy, feel jealous.

RELATED ACTIVITIES

If your child enjoyed this book, consider:

- Encourage them to talk about it during other conversations.
- Let them explore more about the topic by reading other books with similar themes, structure, or content. [Amy Is Famous](#)