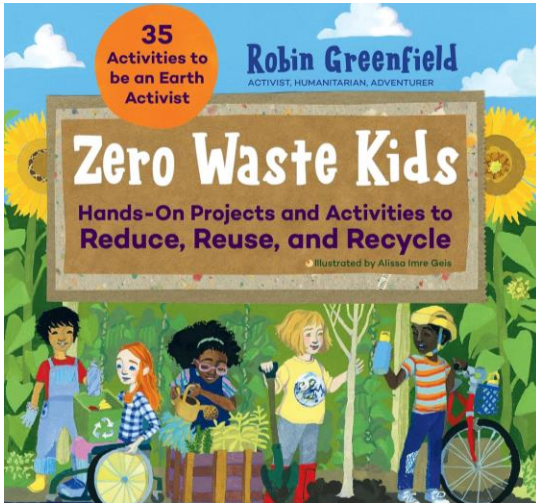


Discussion Guide for Families



Zero Waste Kids

Author: Rob Greenfield

Illustrator: Alissa Imre Geis

Themes: Environment and Sustainability

Book Brief: *Zero Waste Kids* inspires children to live more sustainably through fun projects like growing food and auditing their trash to understand their environmental impact. By focusing on the visual problem of waste, the book shows how small, actionable steps can make a big difference for the planet.

READ ALOUD

Before Reading: Build Background

- Ask your child “Do you know some of the fruits & vegetables that can be grown in a garden?”

While Reading: Make Connections

- Why did the author, Rob Greenfield, decide to wear his trash for a day, a week, a month?
- Are the illustrations & stories within the story helpful in understanding the concepts of what is needed to try to live a zero waste life? Why?
- What are you learning about reducing, reusing, & recycling in your home, your school, your community or town, your world?

After Reading: Ask Questions

Use paper to list in two columns:

- Ways they already are trying to live a zero waste life
- Ways they can change or add to their life to be more aware of zero waste

RELATED ACTIVITIES

If your child enjoyed this book, consider:

- Encourage them to talk about it during other conversations.
- Check out RIF’s [Sustainable Futures](#) center to learn more about sustainability with related books and resources.