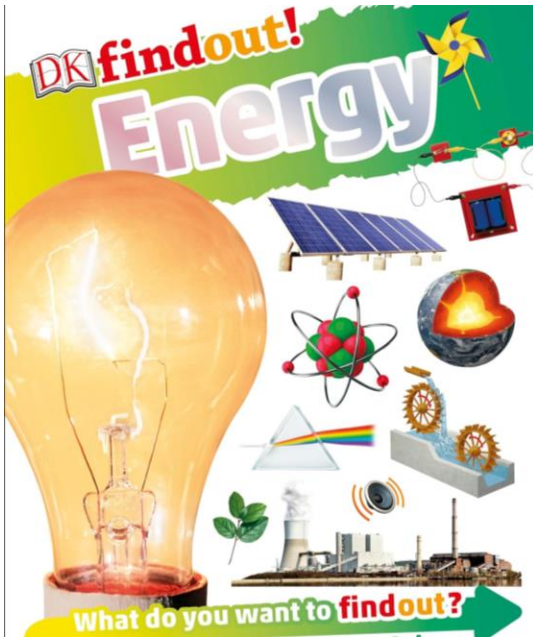


Discussion Guide for Families



DKfindout! Energy

Author: Emily Dodd

Themes: Environment and Sustainability

Book Brief: This book explores energy—light, heat, magnetism, and electricity—through fun facts, photos, and activities that engage young scientists. Packed with STEM content, it explains what energy is, why it matters, and inspires creative projects and school reports.

READ ALOUD

Before Reading: Build Background

- Ask your child “What do you think energy is, and where do we see or use energy in our daily lives?”

While Reading: Make Connections

- What are some examples of energy sources you learned about in the book? How are they used in our world?
- How does energy from the sun play a role in other types of energy, like wind or solar power?
- What surprised you most about how electricity is created or how machines use energy?

After Reading: Ask Questions

- Can you explain what energy is and why it’s important to our everyday lives? Give an example of a way energy helps us.

RELATED ACTIVITIES

If your child enjoyed this book, consider:

- Encourage them to talk about it during other conversations.
- Check out RIF’s [Sustainable Futures](#) center to learn more about sustainability with related books and resources.