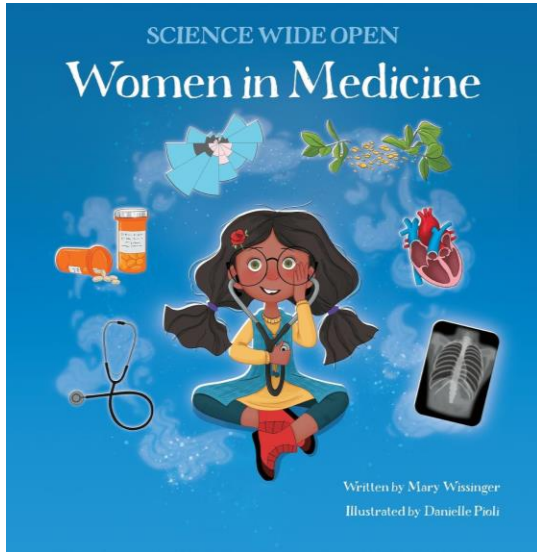


Discussion Guide for Families



Women in Medicine

Author: Mary Wissinger

Illustrator: Danielle Pioli

Themes: Environment and Sustainability

Book Brief: *Women in Medicine* introduces kids to the field of medicine through the questions of a curious girl, highlighting the contributions of groundbreaking women like Dr. Helen Taussig, Florence Nightingale, and Youyou Tu. This inspiring book encourages young readers to explore how medicine works and the incredible impact of compassion and innovation in improving lives.

READ ALOUD

Before Reading: Build Background

- Ask your child “Can you name a time when someone helped you feel better when you were sick? What kind of work do you think goes into discovering new medicines or cures?”

While Reading: Make Connections

- Why do you think the girl in the book is so curious about how the body works?
- What are some of the important contributions made by the women in the book, like Florence Nightingale or Dr. Helen Taussig? How do their achievements help people today?
- How do the illustrations and explanations help you understand complicated ideas like heart surgery or treating diseases like malaria?

After Reading: Ask Questions

- What is one thing you learned about the field of medicine from this book? How do you think asking questions and being curious can help people make big discoveries in the future?

RELATED ACTIVITIES

If your child enjoyed this book, consider:

- Encourage them to talk about it during other conversations.
- Check out RIF’s [Sustainable Futures](#) center to learn more about sustainability with related books and resources.