



**A Barefoot  
Discussion  
Guide**

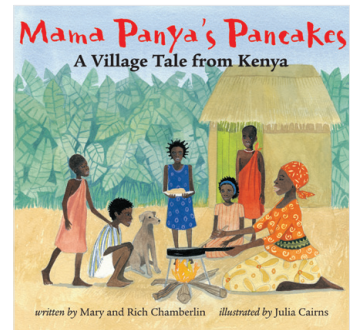
## *Mama Panya's Pancakes*

A BAREFOOT DISCUSSION GUIDE FOR AGES 6 – 10

1. When do you like to sing? How does singing make you feel?
2. Who do you meet on your way to the shops? How do they greet you? How do you reply?
3. How much money do you take with you when you go shopping?
4. Who do you invite to your house? Why?
5. What is it like when you have guests in your house?
6. What food would you take to a party?
7. Ask the group to say what they would take. Try and put together a good balance of different foods.
8. **Sharing:** What does it feel like to share? Bring a cake or a pizza to the group and share it – first between just a small number, then cut it up smaller to share between more people. Ask the children if they will have more or less to eat if there are more people.
9. What do you like about sharing? What don't you like about sharing?
10. **Activity for children 7+:** Give the children a virtual \$5 each. They have to make supper for 3 people. They can look online and find out prices of the food they will need to buy and work out how much they will need. Do they have some of the ingredients (e.g. flour and butter) already?



Illustration © Julia Cairns from *Mama Panya's Pancakes*



### **Mama Panya's Pancakes**

*Written by Mary and Rich Chamberlin  
Illustrated by Julia Cairns*

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