

# The 5 Senses

## A RIF GUIDE FOR COMMUNITY COORDINATORS

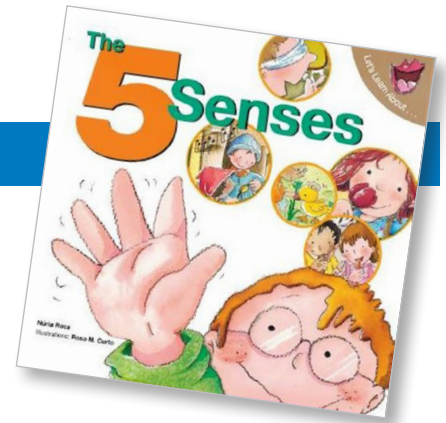
**Themes:** Senses, Environment, Daily Living

**Grade Level:** K to 2nd grade

**Book Brief:** Join different groups of children as they learn about their five senses through a variety of everyday activities.

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**Illustrator:**  
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## TIME TO READ!

**Before reading:** Explain that this book is about the five senses. Ask if the children can name all five. What do they already know about them? What body parts do our senses use?

## RELATED ACTIVITIES

### MIRROR MIRROR (AGES 5-12)

What happens when you move in front of a mirror? Your image moves with you! Have children pair up and face each other. Let each partner take a turn making movements while the other tries to follow like a mirror image. Experiment with closing one eye. Does this make it harder? Change roles.

### POPCORN POETRY (AGES 5-12)

Materials: microwave popcorn, microwave, paper, pencil

Encourage children to use each of their five senses while making and eating the popcorn. After the snack, discuss what they heard, saw, tasted, felt, and smelled. For younger children, have them come up with rhyming words for some of their descriptions. Use these to write a class



poem. For older children, encourage them to write their own poems about popcorn.

### SENSORY SEARCH (AGES 5-8)

Take the children on a sensory walk. Make a few stops along the way to observe what you can hear, see, smell, and touch. Discuss how your senses give your brain information about where you are. If you hear cars, for example, you're probably near a road. Is one sense more important than the others?



### TECHNOLOGY LINK

Visit [pbskids.org/mamamirabelle/funstuff\\_videos\\_five\\_senses\\_jive.html](http://pbskids.org/mamamirabelle/funstuff_videos_five_senses_jive.html) to see how animals use their senses, too!

## ADDITIONAL RESOURCES

### OTHER BOOKS ABOUT SENSES

*How Do You Know? A Book About the 5 Senses*, Lisa Jayne (2007), *Look, Listen, Taste, Touch, and Smell: Learning About Your Five Senses*, Pamela Hill Nettleton (2006), *The Five Senses*, Hervé Tullet (2005).

**TECHNOLOGY LINK FOR KIDS** [www.rif.org/kids](http://www.rif.org/kids)



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