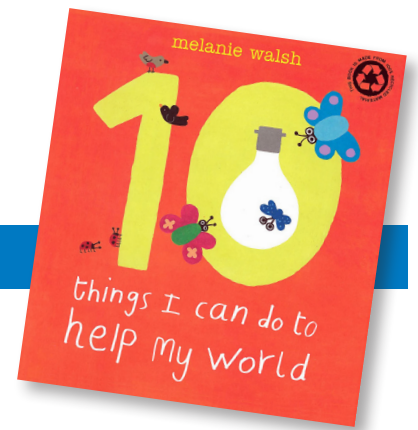


10 Things I Can Do to Help My World

A RIF GUIDE FOR PARENTS AND FAMILIES

Themes: Conservation, Recycling, Environment
Grade Level: K to 1st grade
Book Brief: This book offers 10 simple ways kids can help take care of our planet.

**Author and
Illustrator:**
Melanie Walsh



TIME TO READ!

Before reading, build background knowledge: Talk with your child about what it means to help our world.

After reading, ask questions:

- ◆ Which of the 10 ideas do you think you could start doing today?
- ◆ What will happen if we don't take care of our world?

While reading, make connections: Discuss how many of the 10 tips your family already does at home.

RELATED ACTIVITIES

FOR THE BIRDS

Ingredients: large pretzel, peanut butter, sunflower seeds, string, paper plate

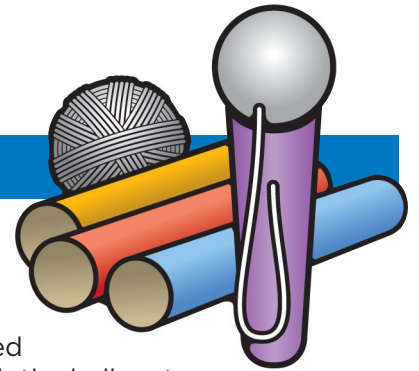
Tie a string through one of the pretzel's holes. Cover one side of the pretzel with peanut butter. Place sunflower seeds on the paper plate. Lightly press the peanut-buttered side of pretzel into the seeds. Hang your bird feeder from a tree branch and watch birds enjoy the tasty treat!

TRASH TO TREASURE

Materials: old paper towel tube, string, plastic ball with holes or slots (like a Wiffle ball)

Before you put that paper towel tube in the recycling bin, think of other ways to use it! Try making a "catch it" toy. Decorate the tube however you like. Punch a hole about 2 inches down from the top. Tie a string

about 20 inches long through the hole. On the other end of the string, tie a small slotted plastic ball. Try to catch the ball on top of the tube by lightly swinging the ball upward. Can you catch and balance the ball with the tube? See how many tosses it takes to get into the swing of it!



ALL WASHED UP

With your child, make a list of all the things you do daily that use water. Based on your list, try to guess how much water your family uses every day. Visit www.swfwmd.state.fl.us/conservation/thepowerof10 to see how much water you use. Do you use more or less water than you thought you did? How could you use less water? On the website, take the pledge to try to conserve water and help protect our planet!

ADDITIONAL RESOURCES

OTHER BOOKS BY THIS AUTHOR

Do Lions Live on Lily Pads? (2006),
My Green Day (2012),
My Nose, Your Nose (2002).

PROUDLY SPONSORED BY ★MACYS
©2012 Reading Is Fundamental, Inc.



Reading Is
Fundamental